



Mid-Hudson Area of Narcotics Anonymous, P.O. Box 1092 Kingston, NY 12401
AREA SERVICE MINUTES: February 22, 2024

Visit us at www.mha-na.org: Find meetings, learn what happens at Area Service, H&I, PR, see Upcoming Event Flyers, see our Calendar and other resources!

Important email addresses:

Area Chairperson: mhanachair@gmail.com
 Area Secretary: mhanasecretary@gmail.com
 Area Treasurer: mhanatreasurer@gmail.com
 Area Hospital & Institutions: mhanahandi@gmail.com
 Area Public Relations: mhanapublicinformation@yahoo.com
 Area Helpline: mhanahelpline@gmail.com
 Area Meeting List: meetinglistmidhudson@gmail.com
 Area Webmaster: mhanawebmaster@yahoo.com (*send your flyers to be included on our website!*)
 Area Literature: mhanaliteraturechair@gmail.com

| Position | Trusted Servant | January | February |
|-------------------------|---------------------|-----------------|-----------------|
| Chair | Jess 2 | P | P |
| Vice Chair | Michele O | P (covered Lit) | P (covered Lit) |
| Treasurer | Vince V | P | P |
| Secretary | Laura M | P | P |
| RCM#1 | Debbi R | A | P |
| RCM#2 | Jennifer R | A | P |
| Policy Chair | BarbaraMarie (1/24) | P (elected) | P |
| H&I Chair | Helen B | P (Gary) | P |
| Helpline Chair | Reine A | A | P |
| E&A Chair | | | |
| Literature Chair | Lashawn | P | A |
| Literature Vice Chair | | | |
| Mail Accountability | Keith & Deb | P | P |
| Meeting List Chair | Christine S | P | P |
| Outreach Chair | | | |
| Public Relations Chair | | | |
| Literature Review Chair | John B. (1/24) | P (elected) | P |
| Convention Chair | Steven J | P | P |
| Convention Treasurer | Keith R | P | P |
| Coffeemaker | Annie | P | P |
| Greeter | Royal | P | P |

| Group Name | GSR | January | February |
|-------------------------------------|----------------------|----------------|-----------------|
| A New Way | | A/A | A/A |
| A Set of Principles | Said | P/P (Steven) | P/P (Said) |
| Alive & Free | Anne D | P/P | P/P |
| Back to Life | Ralph M | A/A | A/A |
| Based on the Evidence 2 | Kathy M | P/P | P/P (Royal) |
| Becoming Whole | Herman C | A/A | A/A |
| Cancer in Recovery (Zoom) | Vanessa M | A/A | A/A |
| Clean & Free | James L | A/A | A/A |
| Clean & Serene | Brian G | P/P | A/A |
| Come as you Are | Kelly B | P/P | P/P |
| God Shaped Hole | Lynn B | P/P | P/P |
| Hope in Hudson | Ryan | A/A | P/P |
| Hope of Courage | Gilbert S | A/A | A/A |
| Journey to Recovery | Crystal R | A/A | A/A |
| Just for Tonight | Andrew | A/A | A/A |
| Keep Hope Alive | Gina / Cristy | P/P | P/P |
| Kingsmen Do Recover | Billy Joe | P/P | A/A |
| Last Chance | Eric M | A/A | P/P |
| Lifeline | Jennifer C | A/A | P/P |
| Living Proof (Men) | John B / Derricks T | P/P | P/P |
| Men Do Recover (Zoom) | | A/A | A/A |
| Midweek Miracles | | A/A | A/A |
| Miracles Happen | | A/A | A/A |
| Miracle on Main Street | Ali G | A/A | A/A |
| Mission to Recovery | Barbara Marie (temp) | P/P | P/P |
| Monday Night Miracles | Keith R | P/P | P/P |
| New Beginnings | Derricks T | A/A | P/P |
| On a Woman's Journey | Felicia | P/P | A/A |
| Pay it Forward | | A/A | A/A |
| Peak of Serenity | Lavonna M | A/A | P/P |
| Principles B4 Personalities | | A/A | A/A |
| Recovery in Progress | Belen | A/A | P/P |
| Recovery on the Mountain (seasonal) | Darrel / Don M | A/A | A/A |
| The Message is Hope | Christine S | P/P | P/P |
| Unity in the Community | Brother Minister | A/A | P/P |
| Vision of Hope | | A/A | A/A |
| We Do Recover | Ian F | P/P | A/A |

AREA MINUTES OF AREA SERVICE MEETING ON FEBRUARY 22, 2024

MOTION TO ACCEPT LAST MONTH'S MINUTES: Accepted as distributed with exception: Change H&I attendance status to Present (Helen's Co-Chair, Gary attended January Area). Amended herein.

ATTENDANCE

1st Roll Call: 14 Committee Chairs and 13 GSR's – Quorum is 7 GSR's, Quorum Met.

2nd Roll Call: 12 GSR's present, Quorum Maintained.

NEW MEETINGS – WELCOME TO OUR AREA!

No new meetings.

NEW GSRs – WELCOME, THANK YOU FOR YOUR SERVICE!

Said for A Set of Principles. Welcome Said!

CHAIRPERSONS REPORT – Jess 2

Good to see so many new faces at Area Service.

VICE CHAIRPERSONS REPORT – Michele O.

No report. Note: Michele has served with the Literature Supply Subcommittee both January and February – January to train Lashawn and February to cover her. Thank you, Michele!

SECRETARY REPORT – Laura M.

No report.

RCM #1 REPORT – Debbi R. & RCM #2 – Jennifer C.

Region met 2/3/24 with a quorum. ABCD will fund 2 members from each Area & 2 from Region for registration to NESSNA 4/26-28 in Peabody, MA. The cost is \$25 pp.

Our RDs proposed 2 project plans as a result of the Planning Session that our zone ran the previous month at Region. The subjects are 1. Making service more attractive and 2. Carrying a clear message.

The Region is tasked with holding 3 FUN service learning events throughout 2024. These events will contain topics on sponsorship, Service, Issue Discussion Topics, Carrying a clear message and having fun in service. Attached is the complete RD summary and schedule for planning, budgeting and carrying out of the events.

Debbi kinda opened her big mouth and sorta said they would talk to their Area about hosting one of the "FUN" events (Yikes)

Reminders and Info:

1. Please send flyers to abcdr.secretary@gmail.com
2. NA World Convention will be held 8/29-9/1 in Washington DC. Registration is open
3. Zonal PR meets every 3rd Tues of the month at 9pm on zoom. Meeting ID for all zonal meeting is: 858 508 2091 PW: NEZF
4. The zone is considering taking over the BMLT server for the entire zone. ABCD doesn't have a host server; they use GNY's server
5. The zone tech group meets every 3rd Thursday @ 8pm
6. The zone is taking on the task of revising the H&I handbook for the zone members to use. This will not affect the official NAWS handbook
7. January 2024 ABCD Regional Treasurer summary
Reserve Funds: \$5726
Closing Operating Bal: \$5073.60

In Loving Service, Debbi and Jenn

POLICY CHAIRPERSON REPORT – Barbara Marie

Hello everyone. As per our Area Policy Guidelines, we do not have a guideline or policy which states that a Trusted Servant who has reached the end of their committee commitment time can be reinstated into that position on a simple GSR vote. Also, Area Service Chairperson can appoint a temporary Chairperson or Trusted Servant into a position to fill it, in case there needs to be a settlement of a disagreement between GSR's.

In loving service, Barbara.

H&I CHAIRPERSON REPORT- Helen B.

Hello, everyone, my name is Helen and I am an addict. Our Subcommittee met on 2/15/24 at 7PM, where there was 10-15 people present. We have 3 facilities that presentations are being brought in – 3 @ Cornerstone, 2 @ Turning Point, 1 @ women's Daytop. We are looking for Panel Leaders to be of service and also looking for men Panel Leaders to be of service @ Daytop in Rhinebeck. Our next Subcommittee meeting will be 3/21/24 @ 7PM location 35 Pearl Street, Kingston, NY. In loving service, Helen B.

HELPLINE CHAIRPERSON REPORT – Reine A.

We had our monthly meeting on 2/8/24. We always have our meetings on the second Thursday of the month at 6PM. The Zoom ID number is 848-0620-5225. The password is 000000. For anyone interested in attending. Mid-Hudson Area had 4 calls in January and a few in February – to speak with a live person. Cassie, the Regional Helpline Chair, reported that she has missed the last three months of Region and had nothing new to report. Helpline number is 315-847-3842. In loving service, Reine.

E&A CHAIRPERSON REPORT

This is an open position.

LITERATURE CHAIR REPORT – Lashawn

No report (Chairperson absent, Michele O. filled in).

LITERATURE VICE REPORT

This is an open position. (*Denise M. temporary Vice Chair*)

MAIL ACCOUNTABILITY- Keith & Debbi

No mail.

MEETING LIST CHAIRPERSON REPORT – Christine S.

The new meeting list is for MARCH -APRIL, 2024. There are 500. This cost 88.99 at CopyHut and I am submitting a receipt for reimbursement. The next meeting list will be for MAY-JUNE, 2024 and I will need changes and new meetings by April 9th, in writing please for accuracy and accountability. Thank you for allowing me to serve as the MEETING LIST CHAIR. It has been a privilege.

In loving service, Christine S

Note (reminder): Royal and Lynn suggested Groups provide details such as accessibility, open or closed meetings, etc. to include on the meeting list. GSR's can consider updating their information to include these details on the List. Email changes and/or updates to: meetinglistmidhudson@gmail.com.

OUTREACH CHAIRPERSON REPORT

This is an open position.

PUBLIC RELATIONS CHAIRPERSON

This is an open position.

WEBMASTER REPORT - Brian

Absent, but thank you for submitting your report prior to Area!

Greetings, MHA. I will not be in attendance tonight but here is my report. I did the following updates this month: 1. Posted last month's minutes and event flyers. 2. Reposted the Bard College meeting after removing it during student break at Belen's request. 3. Posted the March April meeting list .pdf. 4. Updated the website list and BMLT to match the March April .pdf. Nothing unusual or exciting to report. As always, please email me with any information/flyers/questions/feedback/ corrections, etc. for the website to: mhanawebmaster@yahoo.com. ILS Brian.

LITERATURE REVIEW CHAIRPERSON REPORT – John B.

Got in touch with world, and found out that there will be a support package that will help the newcomer in the future with their education on the steps and the traditions. Thank you. John B.

CONVENTION CHAIRPERSON REPORT – Steven J.

For the Convention 2025, we are working on our first Fundraiser – a Speaker Jam and Dance set for April 6. A flyer is out there. Please come out and support. We are in the process of looking for a location for our 2025 Three Day Convention. At this time, we have early bird registration available for \$10. The Subcommittee is working on creating a Policy for the Convention Committee. We meet via Zoom, next on 3/5/24. In loving service, Steven J.

CONVENTION TREASURER REPORT Keith R.

The Convention checkbook balance is currently \$7037.55. Our prudent reserve is \$7000. We are beginning fundraising efforts for the Convention 2025.

COFFEE MAKER REPORT – Annie D.

We didn't need any cookies for tonight and I have no receipt to turn in. In loving service, Anne.

GREETER – Royal

I've been standing at the top of the stairs letting people in. I'll do that more often since the door is always locked.

TREASURER'S REPORT – Vince V.

| | |
|--|---------------|
| Beginning Cash on Hand | \$3584 |
| Less Prudent Reserve: | \$2000 |
| <u>≡Operating Funds</u> | <u>\$1584</u> |
| <i>Add (Cash Received):</i> | |
| Cash from Literature | \$384 |
| Area Donations | \$291 |
| Basket Passed @ Area | \$ 10 |
| <u>≡Total Cash Received</u> | <u>\$685</u> |
| <i>Subtract (Expense Reimbursements)</i> | |
| Coffee | \$0 |
| H&I | \$0 |
| Literature | \$520 |
| Meeting List Printing | \$ 88 |
| RCM | \$0 |
| Website | \$0 |
| <u>≡Total Cash Distributed</u> | <u>\$609</u> |
| Funds before Donations | \$ 75 |
| Less Donation to Region | \$7.50 |
| Less Donation to World | \$7.50 |
| <u>≡Total Donations</u> | <u>\$15</u> |
| Ending Operating Funds | \$1659 |
| Prudent Reserve | \$2000 |
| Total Cash on Hand | \$3651 |

GSR REPORTS & OPEN SHARING FROM THE FLOOR

- The Message is Hope (Christine S.). Meeting is going great. Carol G. will celebrate her first Miracle year on 3/2/24.
- Based on the Evidence 2 (Royal for Kathy M.). \$50 contribution to Area tonight. We have 30-40 people attend each week, 6 people in the business meeting. Rotating format, literature based meeting, bring your NA approved literature. All is well, meeting maintains atmosphere of recovery.
- Peak of Serenity (Lavonna). We have 5 group members. Isiah will celebrate his first year on 3/12!
- Hope in Hudson (Ryan R.). Meeting is doing well. Attendance has been good and we got a new home group member this month.
- Last Chance (Eric). Attendance has been consistent, small good. Eric celebrates 17 years on 3/3!
- Keep Hope Alive (Cristy M.). Group needs support! Rotating format, average 6-8 attendees with 2-3 group members. Looking for support and visibility. *Note: This meeting is new to our Area and it meets Mondays from 7:30-8:30 at Zion Episcopal Church, 12 Saterlee Place in the Village of Wappingers.*
- Monday Night Miracles (Keith R). Meeting is strong and the business meeting is also. We have a newcomer taking over the coffee commitment. And, usual, we have the best chairs in Ulster County.
- New Beginnings (Derricks). Acting GSR for this group. We meet Saturdays 10AM-11:30AM at 161 Mansion Street. The meeting is starting to grow. After the accident at Salvation Army, attendance dropped but it's starting to grow again. We have 15-20 people at the meetings but I am the only one at the business meeting. I'll stick it out.
- A Set of Principles (Said A.). Grateful to be back at Area. This is a literature based group, meeting on Sunday at 1PM. Good attendance with 10-12 people and 8 in the business meetings. Growing, very informational.
- Living Proof (John B & Derricks). Fridays at 6:30PM, 12-15 attendees, rotating format. We are working on a group policy now, using the Men Do Recovery group's policy.
- Mission to Recovery (Barbara Marie). No GSR for this group yet. Sundays 7PM at 209 Fair Street, reopened 4 weeks ago, slow start with 9 attendees being the most so far. Format will change to literature based, reading stories from the Basic Text. This meeting is wheelchair accessible (has an elevator). It's orderly.
- Come As You Are (Kelly B). Everything is going well with this group, 5 home group members, open discussion meeting. Kelly celebrates 25 years on 2/27/24!
- God Shaped Hole (Lynn B.). We meet Saturdays at 10AM. \$10 donation to area. Average 12-14 attendees each week, business meetings have 6. She's acting GSR for now. We are having a Speaker Jam on 3/30/24 from 12-6 PM and we have a flyer here. We are asking each Group to suggest a speaker for the Jam. It'll take place at 209 Fair Street. Food and water will be sold to raise money for the Group Anniversary Celebration to take place this summer. Upcoming celebrations include Tara with 5 years on 3/23/24, Lynn with 30 years on 3/30/24 and Denise with 27 years on 4/6/24.
- Unity in the Community (Kenneth). JFT and 12 Concepts on Mondays and Steps and Traditions on Fridays. We'll have a Speaker Jam on 4/27 "For the Love of Unity", 161 Mansion Street, Flyer to follow.
- Recovery in Progress (Belen). Bard College meeting, this is a new meeting with about 4 attendees each week. There are no business meeting members yet. Students attend the meeting, often their first experience with recovery and the seed gets planted – they are beginning to surrender for the first time and maybe for the last time!
- Lifeline (Jennifer). Oldest meeting in the area. The meeting is doing well, we are doing a good job of keeping the meeting open. We read from the Living Clean book.
- Alive & Free (Annie D). We are happy that our attendance has increased and seems to have stabilized at 8-10 people. On March 11, our Chair (John) will be celebrating 6 years!

Second Concept (February) was read and we requested feedback from the floor. Barbara Marie shared – I often run into people who have time in this process but they have been misinformed regarding the service structure. Area is at the bottom, the groups are the main participants. It starts with the groups. Said added that he's grateful for Area and opportunities for growth. He said supporting area is important and he believes in what we do here. Kelly added that she has one home group. She said the concept talks about the group, how they are governed. She has kept her home group open for years by herself, not wanting to let it close. Every group needs trusted servants. She is learning to back off from a lot of things, but always shows up for her group. Trying to teach newcomers to take

over and help. Derricks thanked Barbara Marie for her share. He was thinking that the area came first, then the groups but he realized he was wrong. He chaired a meeting 5 days a week for years and did not come to Area. He knows now that Area is important to know what's going on. Most important is to keep the doors open for the addict who just needs a meeting, it's not about him.

NEW MOTIONS:

There were no new Motions submitted at Area Service.

However, there was a brief discussion about a potential Motion from years ago, brought up by Barbara Marie, our Policy Chairperson. She thought that there may have been a Motion that required the Convention Committee to need to consult with Area should there be a change from a One Day Convention to a Three Day Convention, due to some difficulty in years past to pay their bills. Jessica stated that she would look through past Motions and find further information. To be discussed further at March's Area Service.

Lynn B. suggested that the Convention Committee attend in March prepared to show a budget for a potential Three Day Convention.

NOMINATIONS & ELECTIONS:

None.

OLD BUSINESS

None.

NEW BUSINESS

Literature Supply review of Inventory on Hand and what to order from month to month. An Ad Hoc Committee was formed to include Laura M., Debbi R. and Jennifer R. Anyone else wanting to get involved should let us know.

MOTION TO CLOSE

*Next Area Scheduled for Thursday March 28th @ 7PM @ Saint James Church, Pearl & Fair Streets, Kingston, NY. NOTE: WE MEET THE **FOURTH THURSDAY** OF EVERY MONTH. THANK YOU!*

ADDENDUM: AREA SERVICE POSITIONS WITH REQUIREMENTS:

| Trusted Servant Position | Commitment | Clean Time (suggested* unless otherwise noted) | Service Experience (suggested* unless otherwise noted) | Current | Election Status |
|--------------------------------|------------|--|--|---------------|----------------------------------|
| Area Chairperson | 1 year | 5 years (req'd) | 3 years (req'd) | Jess 2 | 1 st Year (Jan. 2024) |
| Area Vice Chairperson | 1 year | 3 years (req'd) | 2 years (req'd) | Michele O. | 1 st Year (Jan. 2024) |
| Area Treasurer | 1 year | 5 years (req'd) | 3 years (req'd) | Vince V. | 2 nd Year (Jan. 2024) |
| Secretary | 1 year | 1 year | 6 months | Laura M. | 1 st Year (Jan. 2024) |
| Regional Committee Member #1 | 2 years | 2 years | 1 year | Debbi R. | 2 nd Year (Jan. 2024) |
| Regional Committee Member #2 | 2 years | 2 years | 1 year | Jennifer C. | 1 st Year (Jan. 2024) |
| Policy Chair | 1 year | 4 years | 2 years | Barbara Marie | 1 st Year (Jan. 2024) |
| Meeting List Chair | 1 year | 2 years | 1 year | Christine S.* | 2 nd Year (Jan. 2024) |
| Mail Accountability | 1 year | 6 months | 3 months | Keith & Debbi | 1 st Year (Jan. 2024) |
| Coffee Maker | 1 year | 3 months | | Anne D. | 2 nd Year (Jan. 2024) |
| Hospitals & Institutions Chair | 2 years | 2 years | 1 year | Helen B. | 1 st Year (Jan. 2024) |
| Public Relations Chair | 2 years | 2 years | 1 year | ***** | Open |
| Helpline Chair | 1 year | 2 years | 1 year | Reine A.* | 2 nd Year (Jan. 2024) |
| Outreach Chair | 1 year | 2 years | 1 year | ***** | Open |
| Literature Supply Chair | 1 year | 2 years | 1 year | LaShawn | 1 st Year (Jan. 2024) |
| Literature Supply Vice Chair | 2 years | 1 year | 6 months | ***** | Open |
| Events & Activities Chair | 1 year | 2 years | 1 year | ***** | Open |
| Literature Review Chair | 1 year | 1 year | 6 months | John B. | 1 st Year (Jan. 2024) |
| Convention Committee Chair | 2 years | 5 years | 2 years | ***** | Open |
| Convention Treasurer | 2 years | 5 years | 1 year | Keith R.* | 2 nd Year (Jan. 2024) |

** in Current column indicates Trusted Servant was elected within a couple of months of the start of 2023 Year of Service and 2023 will be their first complete Year of Service.*

Note: RCM #1 & RCM #2, Meeting List, Mail Accountability, Helpline, Outreach, Coffee Maker, Convention Treasurer and Literature Review Chair may also hold a GSR position.