

**AREA SERVICE MINUTES: March 23, 2023**

OFFICERS/ SUBCOMMITTEES	NAME	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Chairperson	Laura M.	P	P	P									
Vice Chairperson	OPEN	X	X	X									
Treasurer	Laura C.	P	P	P									
Secretary	Jess 2.	P	P	P									
RCM #1	Debbi R.	P	P	P									
RCM #2	OPEN	X	X	X									
Policy Chairperson	OPEN	X	X	X									
H&I Chairperson	Peter K.	P	P	P									
Helpline Chair	Reine A.	P	P	P									
E&A Chairperson	OPEN	X	X	X									
Literature Chairperson	Michele O.	P	P	P									
Literature Vice Chair	Denise M.	P	P	A									
Mail Accountability	Denise M.	A	P	A									
Meeting List Chair	Christine S.	P	P	P									
Outreach Chairperson	Kelly B.	P	P	A									
P.R. Chairperson	OPEN	X	X	X									
Literature Review Chair	OPEN	X	X	X									
Convention Chair	Steven J.	P	A	P									
Convention Treasurer	Keith R.	P	P	P									
Coffemaker	Dominique	P	P	A									

**AREA MINUTES – MARCH 2023**

**Motion to accept last month’s minutes**

Accepted

**ATTENDANCE**

1<sup>st</sup> Roll Call: 10 Committee Chairs and 13 GSR's – Quorum is 7 GSR’s, Quorum Met.

2<sup>nd</sup> Roll Call: 15 GSR’s present, Quorum Maintained.

**NEW MEETINGS – WELCOME TO OUR AREA!**

- None

**NEW GSRs – WELCOME, THANK YOU FOR YOUR SERVICE!**

- None

GROUP NAME	GSR	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
A New Way	X	A	A	A									
Alive & Free	Anne D.	P	P	A									
Back to Life	Ralph M.	P	A	A									
Based on The Evidence 2	Kathy M.	P	A	P									
Becoming Whole	Herman C.	X	P	P									
Cancer in Recovery (Zoom)	Erin H.	A	A	A									
Clean & Free	James L.	P	A	A									
Clean & Serene	Brian G.	P	P	P									
Come As You Are	Kelly B.	P	P	A									
God Shaped Hole	Lynn B.	P	P	P									
Hope in Hudson	Ryan R.	P	P	A									
Hope Of Courage	Gilbert S.	P	P	P									
Journey to Recovery	Crystal R.	P	A	A									
Just for Tonight	Andrew	A	A	A									
Last Chance	Eric M.	P	P	P									
Lifeline	Jennifer C.	P	P	P									
Living Clean	X	A	A	A									
Living Proof (Men's Meeting)	John B./Derricks T.	P	P	P									
Men Do Recover (Zoom)	X	P	A	A									
Midweek Miracles	X	P	P	P									
Miracles Happen	X	A	A	A									
Miracle on Main Street	Ali G.	A	A	A									
Monday Night Miracles	Keith R.	P	P	P									
New Beginnings	Jermaine B.	P	P	P									
On A Woman's Journey	Kat C.	P	P	A									
Pay It Forward	X	A	A	A									
Peak of Serenity	Lavona	P	A	P									
Principles B4 Personalities	X	A	A	A									
Recovery on the Mountain (seasonal)	Tom Z.	A	A	A									
The Message is Hope	Christine S.	P	P	P									
Unity In The Community	Brother Minister	P	P	P									
Vision of Hope	X	A	A	A									
We Do Recover	Steven P.	A	A	P									

**CHAIRPERSONS REPORT – Laura M.**

Happy Spring!

New email address

[mhanachairperson@yahoo.com](mailto:mhanachairperson@yahoo.com)

**VICE CHAIRPERSONS REPORT – OPEN**

**SECRETARY REPORT – Jess 2.**

Reminder:

If you have a report that you would like to send in, please send it to [mhanasecretary@gmail.com](mailto:mhanasecretary@gmail.com) so that I can assure that I see it/receive it.

Thanks, Jess

### **RCM #1 – Debbi R.**

Due to weather conditions the Regional meeting was switched to Zoom. There was a quorum, so voting could take place. The RD was able to meet with all the Areas (Berkshire will be mid March) to present CAR/ CAT motions. Next time there is something important to review from World, I'm going to offer 6pm meeting before Area for 3 consecutive months to encourage more people to participate. The Region is thrilled that we are joining their Helpline and hope our participation encourages other areas be represented with trusted servants on the sub committee. I did question the usefulness of an E&A Regional Chair for events: the purpose would be to encourage unity and create a place for that to develop.

The Eastern Forum gives a box of N.A. books to each Area for H&I. I drove to Albany & met the Chair to get the box. I got the box to Peter, the Chair of H&I. The purpose is to distribute to correctional facilities. ILS, Debbi RCM

### **RCM #2 – OPEN**

#### **POLICY CHAIRPERSON REPORT – OPEN**

#### **H&I CHAIRPERSON REPORT- Peter K.**

Things are looking up for the H&I Committee

We had 12 people at our meeting this month, more than we've had on any month previously.

We have added several facilities to the list of institutions asking for meetings.

Response continues to be good at all of the facilities we currently do presentations in.

We have been getting more people willing to show up at the Committee meetings and fulfill the requirements for H&I service. The requirements are that prospective panel leaders attend at least two consecutive committee meetings, do the training, and do two observations. Several people are currently in the process of fulfilling those requirements and several more have expressed an interest but not actually begun. Trainings will be held, probably on the same evening as the committee meetings, starting next month.

We elected Doug P. to be our new Vice Chair

After some discussion we adopted a format which will be used at all the presentations.

In hopeful and optimistic service.

Peter K.

#### **HELPLINE CHAIRPERSON REPORT – Reine A**

I finally received an email on 3/20/23 from Ninja They stated that they needed to raise the monthly cost due to the economy. They said they sent out a notice regarding this in Oct. I told Them that the person before me never received notice, nor had I and, That I have been trying to get a hold of someone since Nov! I explained that we are going to let our money roll out and are going to go another route.

I spoke with Cassie from ABCD region on Zoom on 3/15. She sent me a flier regarding the next region Helpline meeting which is April 19 at 6pm. The zoom # is 848-0620-5225 if anyone here is interested in attending.

Region webmaster will update our meeting schedule as needed. The only areas that are currently in regional helpline are Albany/ Rensselaer and Mid Hudson.

They are hoping for more to get involved.

In loving service

Reine A.

#### **E&A CHAIRPERSON REPORT –OPEN**

**LITERATURE CHAIRPERSON REPORT – Michele O.**

Previous Month Sales: \$354.55

Previous Month End Inventory: \$3678.02

Area Purchase:\$339.65

H&I Purchase:\$250.00

Total NAWS Purchase: \$589.65

Starting Inventory: \$4267.67

**LITERATURE VICE REPORT – Denise M.**

No Report

**MAIL ACCOUNTABILITY- Denise M.**

No Report

**MEETING LIST CHAIRPERSON REPORT – Christine S.**

**OUTREACH CHAIRPERSON REPORT – Kelly B.**

No Report

**PUBLIC RELATIONS CHAIRPERSON REPORT - OPEN**

**LITERATURE REVIEW CHAIRPERSON REPORT – OPEN**

**CONVENTION CHAIRPERSON REPORT – Steven J.**

Saturday April 29th there will be another fundraiser for the one day convention

Spring Clean and Free Speaker Jam/ Dance

161 Mansion St. Poughkeepsie Tickets are \$5

Saturday July 22nd Family Day the NA Way

Adults \$15

12 and under \$5

Bowdoin Park 85 Sheafe Road Wappingers Falls

Noon to 8pm

**CONVENTION TREASURER REPORT Keith R.**

Meatloaf Fundraiser

**REVENUE**

Raffle \$221.00

Merch \$620.00

7th Trad Basket \$61.00

New Donations \$79.00

Tic Sales \$1452.00

Registration \$180.00

\$2613.00

**EXPENSES**

Supply/Food \$611.97

Church \$150.00

\$761.97

\$2613.00

(\$761.97)

\$1852.03

Opening Balance \$1446.89

Cash Deposit \$1852.00

Closing Balance \$3298.89

In Loving Service, Keith

**COFFEE MAKER REPORT – Dominique**

No Report

**TREASURER’S REPORT – Laura C.**

<b>Mar-23</b>				
		<b>DEBIT</b>	<b>CREDIT</b>	<b>BALANCE</b>
<b>BEGINNING BALANCE</b>				\$ 2,959.43
	less prudent reserve			\$ 2,000.00
				\$ 959.43
<b>REVENUE</b>				
BASKET			\$ 18.00	
LITERATURE SALES			\$ 208.20	
GROUP DONATIONS			\$ 199.00	
Based on the Evidence \$4	New Beginnings \$20			
Last Chance \$20	Peak of Serenity \$10			
Lifeline \$36	The Message is Hope \$5			
Living Proof \$20	Unity in the Comm. \$5			
Monday Nite Miracles \$2	We Do Recover \$20			
Real Deal \$57				
<b>TOTAL REVENUE</b>				\$ 425.20
<b>WORKING BALANCE</b>				\$ 1,384.63
<b>EXPENSES</b>				
ABCD DONATION		\$ 58.55		
NAWS DONATION		\$ 58.55		
LITERATURE ORDER		\$ 589.65		
PO BOX ANNUAL FEE		\$194		
WEBSITE ANNUAL FEE(B. GUSE)		\$20		
<b>TOTAL EXPENSES</b>				\$ 920.75
				\$ 463.88
	ADDING PRUDENT RESERVE			\$ 2,000.00
				<b>AREA BALANCE</b> \$ 2,463.88

## **GSR REPORTS & OPEN SHARING FROM THE FLOOR**

- Based on the Evidence- growing, have many attendees, Kathy celebrated 9 yrs in February. Laurie C celebrates 4/26
- Becoming Whole- new meeting. 6-7 attendees, rotating format  
Using an NA topic wheel
- Clean & Serene- small but steady, needs support, great meeting
- God Shaped Hole- attendance is up 10-15 3/25 Tara celebrates 4 yrs, 4/8 Denise celebrates 26 yrs 4/22  
Tim J 4yrs
- Hope Of Courage- 8-10 people, rotating format, growing
- Journey to Recovery-beginner meeting, get speakers every week to share their experience, strength & hope with the group. Right now our meeting attendance varies from week to week. Our 7th tradition is growing. We do not have any members who want to take on any open positions in the Area, we are still working on this.
- Last Chance- doing well 8-12 members Bob 35yrs Jeff 25 4/30
- Lifeline- needs support, **at threat of closing**, reads from the Living Clean book
- Living Proof- mens meeting, rotating steps/traditions 20-25 attendees. John B will celebrate 13yrs on 4/24 doing good
- Midweek Miracles- 8+people, alternating format
- Monday Night Miracles- strong meeting, newcomers, amazing comfortable chairs, had many people visit from Ellenville to show their support. Doug celebrates 15yrs 4/24
- New Beginnings- great attendance, group doing well, GSR stepping down to step up for H&I
- Peak Of Serenity- attendance growing, doing great, Lynn celebrating 29yrs
- The Message Is Hope- fantastic attendance, 25-35 people, positive and uplifting meeting. If you want a good hug, come out. Can celebrate on any Saturday Amanda M celebrates 1 yr on 4/29
- Unity in the Community- Mondays are Just for today Fridays are steps/ traditions 15-17 attendees doing well, a lot of old timers, planning a breakfast celebration in July
- We Do Recover- could use support, hopeful that don't have to close. Celebration for 22yrs was very nice. Looking for speakers for last Tuesdays of the month

## **MOTIONS VOTED ON:**

NONE

## **NEW MOTIONS:**

NONE

## **NOMINATIONS & ELECTIONS:**

In need of

Vice Chair

Treasurer (May)

RCM2

Policy Chair

Public Relations Chair

E&A Chair

Literature Review Chair

*Nominees must be present for both Nominations & Elections.*

*Note: RCM #1 & RCM #2, Meeting List, Mail Accountability, Helpline, Outreach, Coffee Maker, Convention Treasurer and Literature Review Chair may hold a GSR position.*

## OLD BUSINESS

PR

Eric M. is going to be talking with the previous PR committee and thinking about taking the PR Chairperson position.

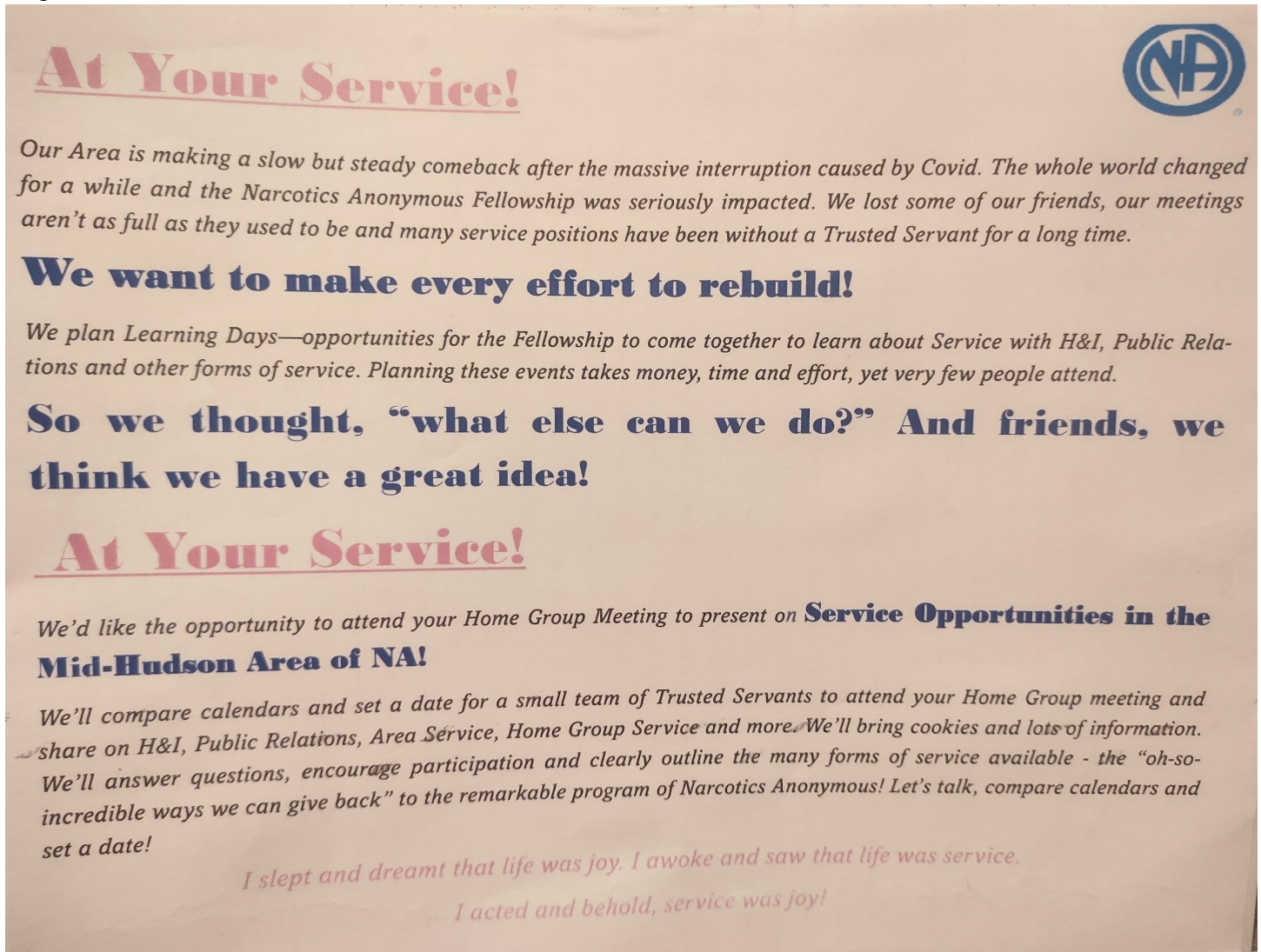
The facility volunteer sheets are going back to groups again to see if we can get more people to take on more facilities, so we can continue as many relationships with the facilities in our Area as possible.


*Thank you for your service Eric!*

## NEW BUSINESS

Looking to put an AdHoc committee together

Purpose below:



**At Your Service!** 

*Our Area is making a slow but steady comeback after the massive interruption caused by Covid. The whole world changed for a while and the Narcotics Anonymous Fellowship was seriously impacted. We lost some of our friends, our meetings aren't as full as they used to be and many service positions have been without a Trusted Servant for a long time.*

**We want to make every effort to rebuild!**

*We plan Learning Days—opportunities for the Fellowship to come together to learn about Service with H&I, Public Relations and other forms of service. Planning these events takes money, time and effort, yet very few people attend.*

**So we thought, “what else can we do?” And friends, we think we have a great idea!**

**At Your Service!**

*We'd like the opportunity to attend your Home Group Meeting to present on **Service Opportunities in the Mid-Hudson Area of NA!***

*We'll compare calendars and set a date for a small team of Trusted Servants to attend your Home Group meeting and share on H&I, Public Relations, Area Service, Home Group Service and more. We'll bring cookies and lots of information. We'll answer questions, encourage participation and clearly outline the many forms of service available - the “oh-so-incredible ways we can give back” to the remarkable program of Narcotics Anonymous! Let's talk, compare calendars and set a date!*

*I slept and dreamt that life was joy. I awoke and saw that life was service.  
I acted and behold, service was joy!*

## MOTION TO CLOSE

*Next Area Scheduled for Thursday April 27th @ 7PM @ Saint James Church, Pearl & Fair Streets, Kingston, NY. NOTE: WE MEET THE **FOURTH THURSDAY** OF EVERY MONTH (NOT THE LAST THURSDAY!). THANK YOU!*

**ADDENDUM: AREA SERVICE POSITIONS WITH REQUIREMENTS:**

Trusted Servant Position	Commitment	Clean Time (suggested* unless otherwise noted)	Service Experience (suggested* unless otherwise noted)	Current	Election Status
Area Chairperson	1 year	5 years (req'd)	3 years (req'd)	Laura M.	2nd Year 2023
Area Vice Chairperson	1 year	3 years (req'd)	2 years (req'd)	*****	Open
Area Treasurer	1 year	5 years (req'd)	3 years (req'd)	Laura C.	2nd Year 2023
Secretary	1 year	1 year	6 months	Jess 2	2nd Year 2023
Regional Committee Member #1	2 years	2 years	1 year	Debbi R.	1 <sup>st</sup> Year 2023
Regional Committee Member #2	2 years	2 years	1 year	*****	Open
Policy Chair	1 year	4 years	2 years	*****	Open
Meeting List Chair	1 year	2 years	1 year	Christine S.*	1 <sup>st</sup> Year 2023
Mail Accountability	1 year	6 months	3 months	Denise M.	1 <sup>st</sup> Year 2023
Coffee Maker	1 year	3 months		Dominique*	1 <sup>st</sup> Year 2023
Hospitals & Institutions Chair	2 years	2 years	1 year	Peter K.	2 <sup>nd</sup> Year 2023
Public Relations Chair	2 years	2 years	1 year	*****	Open
Helpline Chair	1 year	2 years	1 year	Reine A.*	1 <sup>st</sup> Year 2023
Outreach Chair	1 year	2 years	1 year	Kelly B.	1 <sup>st</sup> Year 2023
Literature Supply Chair	1 year	2 years	1 year	Michele O.	2nd Year 2023
Literature Supply Vice Chair	2 years	1 year	6 months	Denise M.	2nd Year 2023
Events & Activities Chair	1 year	2 years	1 year	*****	Open
Literature Review Chair	1 year	1 year	6 months	*****	Open
Convention Committee Chair	2 years	5 years	2 years	Steven J.	2 <sup>nd</sup> Year 2023
Convention Treasurer	2 years	5 years	1 year	Keith R.*	1st Year 2023

*\* in Current column indicates Trusted Servant was elected within a couple of months of the start of 2023 Year of Service and 2023 will be their first complete Year of Service.*

*Note: RCM #1 & RCM #2, Meeting List, Mail Accountability, Helpline, Outreach, Coffee Maker, Convention Treasurer and Literature Review Chair may also hold a GSR position.*