



Mid-Hudson Area of Narcotics Anonymous, P.O. Box 1092 Kingston, NY 12401
AREA SERVICE MINUTES: March 28, 2024

Visit us at www.mha-na.org: Find meetings, learn what happens at Area Service, H&I, PR, see Upcoming Event Flyers, see our Calendar and other resources!

Important email addresses:

Area Chairperson: mhanachair@gmail.com
 Area Secretary: mhanasecretary@gmail.com
 Area Treasurer: mhanatreasurer@gmail.com
 Area Hospital & Institutions: mhanahandi@gmail.com
 Area Public Relations: mhanapublicinformation@yahoo.com
 Area Helpline: mhanahelpline@gmail.com
 Area Meeting List: meetinglistmidhudson@gmail.com
 Area Webmaster: mhanawebmaster@yahoo.com (*send your flyers to be included on our website!*)
 Area Literature: mhanaliteraturechair@gmail.com

Position	Trusted Servant	January	February	March
Chair	Jess 2	P	P	P
Vice Chair	Michele O	P (covered Lit)	P (covered Lit)	P
Treasurer	Vince V	P	P	P
Secretary	Laura M	P	P	P
RCM#1	Debbi R	A	P	P
RCM#2	Jennifer R	A	P	P
Policy Chair	BarbaraMarie	P (elected)	P	P
H&I Chair	Helen B	P (Gary)	P	P (Gary)
Helpline Chair	Reine A	A	P	P
E&A Chair				
Literature Chair	Lashawn	P	A	P
Literature Vice Chair				
Mail Accountability	Keith & Deb	P	P	P
Meeting List Chair	Christine S	P	P	P
Outreach Chair				
Public Relations Chair				
Literature Review Chair	John B. (1/24)	P (elected)	P	A
Convention Chair	Steven J	P	P	A
Convention Treasurer	Keith R	P	P	P
Coffeemaker	Annie	P	P	P
Greeter	Royal	P	P	A

Group Name	GSR	January	February	March
A New Way		A/A	A/A	A/A
A Set of Principles	Said	P/P (Steven)	P/P (Said)	A/A
Alive & Free	Anne D	P/P	P/P	P/P
Back to Life	Ralph M	A/A	A/A	A/A
Based on the Evidence 2	Kathy M	P/P	P/P (Royal)	P/P
Becoming Whole	Herman C	A/A	A/A	A/A
Cancer in Recovery (Zoom)	Vanessa M	A/A	A/A	A/A
Clean & Free	James L	A/A	A/A	A/A
Clean & Serene	Brian G	P/P	A/A	P/P
Come as you Are	Kelly B	P/P	P/P	A/A
God Shaped Hole	Lynn B	P/P	P/P	P/P
Hope in Hudson	Ryan	A/A	P/P	P/P
Hope of Courage	Gilbert S	A/A	A/A	A/A
Journey to Recovery	Crystal R	A/A	A/A	A/A
Just for Tonight	Andrew	A/A	A/A	A/A
Keep Hope Alive	Gina / Cristy	P/P	P/P	P/P
Kingsmen Do Recover	Billy Joe	P/P	A/A	A/A
Last Chance	Eric M	A/A	P/P	P/P
Lifeline	Jennifer C	A/A	P/P	P/P
Living Proof (Men)	John B / Derricks T	P/P	P/P	A/A
Men Do Recover (Zoom)		A/A	A/A	A/A
Midweek Miracles		A/A	A/A	A/A
Miracles Happen		A/A	A/A	A/A
Miracle on Main Street	Ali G	A/A	A/A	A/A
Mission to Recovery	Barbara Marie (temp)	P/P	P/P	P/P
Monday Night Miracles	Keith R	P/P	P/P	P/P
New Beginnings	Derricks T	A/A	P/P	A/A
On a Woman's Journey	Jessica O.	P/P	A/A	P/P
Pay it Forward		A/A	A/A	A/A
Peak of Serenity	Lavonna M	A/A	P/P	P/P
Principles B4 Personalities		A/A	A/A	A/A
Recovery in Progress	Kayla	A/A	P/P	P/P
Recovery on the Mountain (seasonal)	Darrel / Don M	A/A	A/A	A/A
The Message is Hope	Christine S	P/P	P/P	P/P
Unity in the Community	Brother Minister	A/A	P/P	A/A
Vision of Hope		A/A	A/A	A/A
We Do Recover	Samantha P.	P/P	A/A	P/P

AREA MINUTES OF AREA SERVICE MEETING ON MARCH 28, 2024

MOTION TO ACCEPT LAST MONTH'S MINUTES: Accepted as distributed.

ATTENDANCE

1st Roll Call: 15 Committee Chairs and 15 GSR's – Quorum is 7 GSR's, Quorum Met.

2nd Roll Call: 15 GSR's present, Quorum Maintained.

NEW MEETINGS – WELCOME TO OUR AREA!

No new meetings.

NEW GSRs – WELCOME, THANK YOU FOR YOUR SERVICE!

Samantha for We Do Recovery, Jessica for On a Woman's Journey and Kayla for Recovery in Progress!

CHAIRPERSONS REPORT – Jess 2

I was able to find out that World had received the literature order check that had been reported “missing”.

VICE CHAIRPERSONS REPORT – Michele O.

This is my first time sitting in this new position. Nothing to report.

SECRETARY REPORT – Laura M.

Nothing to report.

RCM #1 REPORT – Debbi R. & RCM #2 – Jennifer C.

RD has two projects planned and has asked RCM to think about holding a workshop that can be piggybacked with a local event. We would like to be one of the Areas and piggyback it with a convention fundraiser. The next Helpline Subcommittee meeting is 3/14 at 6PM via Zoom. For the past few months, the only attendees have been the Chair and a representative from our area. Kudos to Reine and her Subcommittee.

Treasurer's Report:

Reserve Fund	\$ 5,726.00
Operating Balance	<u>\$ 9,112.13</u>
Closing Balance	\$14,838.13

NA World Convention is 8/9 – 9/1 in Washington, DC. Registration is open.

Reimagine and Revitalizing NA Service is one of the IDT's this cycle. Material for that workshop can be found at www.na.org/dt. The other IDT's this cycle: 1. Gender Neutral and Inclusive Language in NA Literature; 2. Dealing with Disruptive and Predatory Behavior; 3. DRT/MAT.

Is MHA interested in holding one of these workshops? Please talk to me or Jen. The next Conference Participant Webinar is March 16, 2024, 2-4PM.

Reminder Zone PR meets on the 3rd Tuesday at 9PM. Zone Zoom 858 5086 2091, password 000000.

ARANA MRA SAMMA H&I Subcommittees Spiritual Brunch is Saturday, April 6 11AM-2PM, 1336 First Avenue, Watervliet, NY. SAMMA Mountain Miracles Retreat is September 20-22.

In Loving Service, Debbi and Jenn

POLICY CHAIRPERSON REPORT – Barbara Marie

Nothing to report.

H&I CHAIRPERSON REPORT- Helen B.

Good evening, everyone. H&I Subcommittee is growing. We have 5 facilities where we bring in presentations. There were 14 people who showed up for the Committee Meeting on 3/21/24. It went very well. The Panel Leaders are content with being of service and carrying the message of hope and planting the seed of inspiration and encouragement. We are growing in numbers to be of service to the NA fellowship in the Mid Hudson Area. Four new addicts in attendance. In loving service, Helen B.

HELPLINE CHAIRPERSON REPORT – Reine A.

There was a Helpline monthly meeting on March 14, 2024 with Cassie, the Regional Helpline Chair. We were the only 2 in attendance. Cassie said that Green Mountain Area has their own Helpline and is still considering joining ours. Cassie still answers the phone for all the other areas except for the Mid-Hudson Area. We have received 3 calls in January (1/16 and 1/30), 1 call in February (2/20) and 3 calls in March. We cannot track how many calls come in for the meeting list information. I texted Cassie a copy of our new meeting list and she will pass it on to Kevin who is in charge of the Helpline meeting list. I also sent a copy with Deb to Region. We have a Helpline meeting (Zoom) the second Thursday of the month at 6PM. The Zoom ID is 848-0620-5225. The password is 000000. The Helpline number is 315-847-3842. In loving service, Reine A.

E&A CHAIRPERSON REPORT

This is an open position.

LITERATURE CHAIR REPORT – Lashawn

Previous Month's Sales:	\$384.90
Previous Month's Ending Inventory:	\$2877.36
Total NAWS Purchase:	\$526.48
Starting Inventory:	\$3403.84

LITERATURE VICE REPORT

This is an open position. (*Denise M. temporary Vice Chair*)

MAIL ACCOUNTABILITY- Keith & Debbi

A few pieces of mail were received and turned in to our Treasurer.

MEETING LIST CHAIRPERSON REPORT – Christine S.

The next meeting list will be for MAY-JUNE, 2024 and I will need changes and new meetings by April 9th, in writing please for accuracy and accountability. Thank you for allowing me to serve as the MEETING LIST CHAIR. It has been a privilege. In loving service, Christine S

Note (reminder): Groups may provide details such as accessibility, open or closed meetings, etc. to include on the meeting list. GSR's can consider updating their information to include these details on the List. Email changes and/or updates to: meetinglistmidhudson@gmail.com.

OUTREACH CHAIRPERSON REPORT

This is an open position.

PUBLIC RELATIONS CHAIRPERSON

This is an open position.

WEBMASTER REPORT - Brian

I posted last month's minutes and event flyers, Nothing unusual or exciting to report. We don't owe any money at this time. As always, please email me with any information/flyers/questions/feedback/ corrections, etc. for the website to: mhanawebmaster@yahoo.com. ILS Brian.

LITERATURE REVIEW CHAIRPERSON REPORT – John B.

Absent. We hope you are recovering well!

CONVENTION CHAIRPERSON REPORT – Steven J.

Absent, no report.

Kelly's report: Initial estimate from Hudson Valley Resort and Spa: Meeting room for 2 days @ \$6300. We are waiting for cost of food from the hotel. We also want to reserve a block of 50 rooms and have asked for a better rate than what they gave initially. We would have the whole place to ourselves. We will keep you updated. We need a check for \$50 to the Fair Street Church for a fundraiser on June 22. In loving service, Kelly.

The Convention Committee donated \$417 to Area Service, the amount left over from the 2023 Convention after holding on to a prudent reserve of \$7000. The Convention Committee requested a check for \$50 for the Fair Street Church for the June fundraising event and \$23 for two books for basket raffles at the April fundraising event.

CONVENTION TREASURER REPORT Keith R.

The Convention checkbook balance (before the items listed above) is currently \$6887.55. Our prudent reserve is \$7000. We are beginning fundraising efforts for the Convention 2025.

COFFEE MAKER REPORT – Annie D.

I purchased \$9 worth of refreshment items for Area and turned in a receipt. In loving service, Anne.

GREETER – Royal

Absent.

TREASURER'S REPORT – Vince V.

Beginning Cash on Hand \$3651

Less Prudent Reserve: \$2000

≡Operating Funds \$1651

Add (Cash Received):

Cash from Literature \$337

Area Donations \$195

Basket Passed @ Area \$ 18

Convention Donational \$417

≡Total Cash Received \$962

Subtract (Expense Reimbursements)

Coffee \$ 9.50

H&I \$0

Literature \$526.48

Meeting List Printing \$0

RCM \$0

Website \$0

PO Box (for one year) \$200

≡Total Cash Distributed \$736

Funds before Donations \$226

Less Donation to Region \$ 11

Less Donation to World \$ 11

≡Total Donations \$ 22

Ending Operating Funds \$1855

Prudent Reserve \$2000

Total Cash on Hand \$3855

GSR REPORTS & OPEN SHARING FROM THE FLOOR

- **The Message is Hope** (Christine S.). Meeting is going great, average of about 25 people. Kayla has stepped up as the new Chairperson.
- **On a Woman's Journey** (Jessica O.). Average of 10 people at the meeting and 7 at their business meeting, going strong.
- **Peak of Serenity** (Lavonna). Doing awesome, we have 5 group members who show up, 14-25 people average.
- **Based on the Evidence 2** (Kathy M.). Going well, 6 people in the business meeting, small group of about 15-

25 people, literature based meeting.

- **Keep Hope Alive** (Cristy M.). Low attendance, business meeting attendance also very low (3 people). Group needs support! Rotating format, average 6-8 attendees with 2-3 group members. Planning to go forward with a group event in the future, meeting with the pastor to discuss. Looking for support and visibility. *Note: This meeting is new to our Area and it meets Mondays from 7:30-8:30 at Zion Episcopal Church, 12 Saterlee Place in the Village of Wappingers.*
- **Monday Night Miracles** (Keith R). Meeting is strong and the business meeting is also. I have been the GSR for 6 years so this is my last Area as GSR. Nobody has stepped up yet.
- **Last Chance** (Eric). Attendance has been not so great. Having a business meeting on the 7th to discuss the future of the group, considering closing the meeting.
- **Hope in Hudson** (Ryan R.). Meeting is doing well.
- **Mission to Recovery** (Barbara Marie). Wheelchair accessible, 3-5 people in attendance, good meeting, literature based. A strong, experienced member shows up, a few newcomers. It's rooting. I'm wearing all the hats right now. Preceding men's meeting leaves us coffee and readings.
- **Clean & Serene** (Brian). Small but consistent.
- **We Do Recover** (Samantha). New GSR! Ginny came to support. Doing a Taco Tuesday meeting on 5/7. Generally have 5 people and 5 in the business meeting.
- **Recovery in Progress** (Belen). Bard College meeting, wheelchair accessible. Group attendance is going up and they had 11 people at the last meeting. Seed is being planted. She tries to go to other meetings to announce this meeting. Jessica & Kayla have stepped up to support the meeting.
- **Lifeline** (Jennifer). Oldest meeting in the area! There are 3-8 people in attendance and they plan to keep the doors open, one addict helping another! Wheelchair accessible.
- **Alive & Free** (Annie D). 6 people, 2 at their business meeting.
- **God Shaped Hole** (Denise). We meet Saturdays at 10AM. We'll have a new GSR next month. 9 group members, very well structured. Very strong meeting, many newcomers

Second Concept (March) was read and we requested feedback from the floor.

Crist stated that groups helping other groups is an idea that has it's risks and rewards and groups joining together is an option. There can be a discussion between struggling groups. Meetings wax and wane. Debbi mentioned that Monday Night Miracles did a speaker exchange with Hope in Hudson for some time and group members from both meetings were happy to attend each others meetings, helped build up both groups. Barbara stated that she does service at many meetings, she shows up and talks to the newcomer, getting them involved in service. If you are not teaching people how to do service, they don't know what to do.

NEW MOTIONS:

There were no new Motions submitted at Area Service.

However, there was a brief discussion about a potential Motion from years ago, brought up by Barbara Marie, our Policy Chairperson. She thought that there may have been a Motion that required the Convention Committee to need to consult with Area should there be a change from a One Day Convention to a Three Day Convention, due to some difficulty in years past to pay their bills.

Jessica found notes on this discussion from years ago and was able to determine that this Motion pertained to the Regional Convention and not to Area's Convention.

NOMINATIONS & ELECTIONS:

Still needing to vote on our Convention Chairperson (Steven, nominee, absent).

OLD BUSINESS

None.

NEW BUSINESS

Literature Supply review of Inventory on Hand and what to order from month to month. An Ad Hoc Committee was formed to include Laura M., Debbi R. and Jennifer R. Anyone else wanting to get involved should let us know.

It was mentioned that we need to order Regional Meeting lists again.

It was decided that, every other month, as the Meeting List supply held in Literature supply is about to expire (e.g., the next time Area meets, we'll have a new Meeting List for sale), the remaining supply will be distributed to anyone who might need it, at no cost, as opposed to being thrown away.

MOTION TO CLOSE

*Next Area Scheduled for Thursday April 25 @ 7PM @ Saint James Church, Pearl & Fair Streets, Kingston, NY. NOTE: WE MEET THE **FOURTH THURSDAY OF EVERY MONTH.** THANK YOU!*

ADDENDUM: AREA SERVICE POSITIONS WITH REQUIREMENTS:

Trusted Servant Position	Commitment	Clean Time (suggested* unless otherwise noted)	Service Experience (suggested* unless otherwise noted)	Current	Election Status
Area Chairperson	1 year	5 years (req'd)	3 years (req'd)	Jess 2	1 st Year (Jan. 2024)
Area Vice Chairperson	1 year	3 years (req'd)	2 years (req'd)	Michele O.	1 st Year (Jan. 2024)
Area Treasurer	1 year	5 years (req'd)	3 years (req'd)	Vince V.	2 nd Year (Jan. 2024)
Secretary	1 year	1 year	6 months	Laura M.	1 st Year (Jan. 2024)
Regional Committee Member #1	2 years	2 years	1 year	Debbi R.	2 nd Year (Jan. 2024)
Regional Committee Member #2	2 years	2 years	1 year	Jennifer C.	1 st Year (Jan. 2024)
Policy Chair	1 year	4 years	2 years	Barbara Marie	1 st Year (Jan. 2024)
Meeting List Chair	1 year	2 years	1 year	Christine S.*	2 nd Year (Jan. 2024)
Mail Accountability	1 year	6 months	3 months	Keith & Debbi	1 st Year (Jan. 2024)
Coffee Maker	1 year	3 months		Anne D.	2 nd Year (Jan. 2024)
Hospitals & Institutions Chair	2 years	2 years	1 year	Helen B.	1 st Year (Jan. 2024)
Public Relations Chair	2 years	2 years	1 year	*****	Open
Helpline Chair	1 year	2 years	1 year	Reine A.*	2 nd Year (Jan. 2024)
Outreach Chair	1 year	2 years	1 year	*****	Open
Literature Supply Chair	1 year	2 years	1 year	LaShawn	1 st Year (Jan. 2024)
Literature Supply Vice Chair	2 years	1 year	6 months	*****	Open
Events & Activities Chair	1 year	2 years	1 year	*****	Open
Literature Review Chair	1 year	1 year	6 months	John B.	1 st Year (Jan. 2024)
Convention Committee Chair	2 years	5 years	2 years	*****	Open
Convention Treasurer	2 years	5 years	1 year	Keith R.*	2 nd Year (Jan. 2024)

** in Current column indicates Trusted Servant was elected within a couple of months of the start of 2023 Year of Service and 2023 will be their first complete Year of Service.*

Note: RCM #1 & RCM #2, Meeting List, Mail Accountability, Helpline, Outreach, Coffee Maker, Convention Treasurer and Literature Review Chair may also hold a GSR position.