



Mid-Hudson Area of Narcotics Anonymous, P.O. Box 1092 Kingston, NY 12401
AREA SERVICE MINUTES: October 26th, 2023

OFFICERS/ SUBCOMMITTEES	NAME	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Chairperson	Laura M.	P	P	P	P	P	P	P	P	P	P		
Vice Chairperson	OPEN	X	X	X	X	X	X	X	X	X	X		
Treasurer	Vince	P	P	P	P	P	P	P	P	P	P		
Secretary	Jess 2.	P	P	P	P	P	P	P	P	P	P		
RCM #1	Debbi R.	P	P	P	A	P	P	P	P	P	P		
RCM #2	OPEN	X	X	X	X	X	X	X	X	X	X		
Policy Chairperson	OPEN	X	X	X	X	X	X	X	X	X	X		
H&I Chairperson	Peter K.	P	P	P	P	P	P	P	P	P	P		
Helpline Chair	Reine A.	P	P	P	A	P	P	A	P	A	P		
E&A Chairperson	OPEN	X	X	X	X	X	X	X	X	X	X		
Literature Chairperson	Michele O.	P	P	P	P	P	P	P	P	P	P		
Literature Vice Chair	Denise M.	P	P	A	P	P	P	A	P	P	A		
Mail Accountability	Denise M.	A	P	A	P	P	P	A	P	P	A		
Meeting List Chair	Christine S.	P	P	P	A	P	P	P	P	P	P		
Outreach Chairperson	Kelly B.	P	P	A	P	A	P	P	A	A	P		
P.R. Chairperson	OPEN	X	X	X	X	X	X	X	X	X	X		
Literature Review Chair	OPEN	X	X	X	X	X	X	X	X	X	X		
Convention Chair	Steven J.	P	A	P	P	P	A	P	P	P	A		
Convention Treasurer	Keith R.	P	P	P	P	P	P	A	A	P	P		
Coffeemaker	Anne D.	P	P	A	X	X	P	P	P	P	P		
Webmaster	Brian G.	P	P	P	P	P	P	P	P	P	P		

AREA MINUTES – OCTOBER 2023

Motion to accept last month's minutes

Accepted

ATTENDANCE

1st Roll Call: 12 Committee Chairs and 12 GSR's – Quorum is 7 GSR's, Quorum Met.

2nd Roll Call: 12 GSR's present, Quorum Maintained.

NEW MEETINGS – WELCOME TO OUR AREA!

None

NEW GSRs – WELCOME, THANK YOU FOR YOUR SERVICE!

None

GROUP NAME	GSR	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
A New Way	X	A	A	A	A	A	A	A	A	A	A		
Alive & Free	Anne D.	P	P	A	P	P	P	P	P	P	P		
Back to Life	Ralph M.	P	A	A	A	A	A	A	P	A	A		
Based on The Evidence 2	Kathy M.	P	A	P	P	P	P	A	A	P	P		
Becoming Whole	Herman C.	X	P	P	A	A	A	A	A	A	A		
Cancer in Recovery (Zoom)	Vanessa M.	A	A	A	A	A	A	A	A	A	A		
Clean & Free	James L.	P	A	A	A	A	P	P	P	A	A		
Clean & Serene	Brian G.	P	P	P	P	P	P	P	P	P	A		
Come As You Are	Kelly B.	P	P	A	P	A	P	P	A	A	P		
God Shaped Hole	Lynn B.	P	P	P	P	P	P	P	P	P	P		
Hope in Hudson	Laura S.	P	P	A	P	A	P	A	P	P	P		
Hope Of Courage	Gilbert S.	P	P	P	A	A	A	A	A	A	A		
Journey to Recovery	Crystal R.	P	A	A	P	A	A	A	A	P	A		
Just for Tonight	Andrew	A	A	A	A	A	A	A	A	A	A		
Kings Men's Recovery	Billy Joe	X	X	X	P	A	A	A	P	A	P		
Last Chance	Eric M.	P	P	P	P	P	P	P	P	A	P		
Lifeline	Jennifer C.	P	P	P	P	P	P	P	P	P	P		
Living Clean	X	A	A	A	A	A	A	A	A	A	A		
Living Proof (Men's Meeting)	John B./Derricks T.	P	P	P	P	P	A	P	A	P	A		
Men Do Recover (Zoom)	X	P	A	A	A	A	A	A	A	A	A		
Midweek Miracles	X	P	P	P	A	A	A	A	A	A	A		
Miracles Happen	X	A	A	A	A	A	A	A	A	A	A		
Miracle on Main Street	Ali G.	A	A	A	A	A	A	A	A	A	A		
Mission To Recovery	X	X	X	X	P	A	A	A	P	A	A		
Monday Night Miracles	Keith R.	P	P	P	P	P	P	P	P	P	P		
New Beginnings	Jermaine B.	P	P	P	A	A	A	A	A	P	A		
On A Woman's Journey	Kat C.	P	P	A	P	A	P	A	P	A	P		
Pay It Forward	X	A	A	A	A	A	A	A	A	A	A		
Peak of Serenity	Lavona	P	A	P	P	P	A	P	A	P	P		
Principles B4 Personalities	Bryan H	A	A	A	A	A	A	P	P	P	A		
Recovery on the Mountain (seasonal)	Darrel/Don M.	A	A	A	A	P	A	A	A	A	A		
The Message is Hope	Christine S.	P	P	P	P	P	P	P	P	P	P		
Unity In The Community	Brother Minister	P	P	P	A	A	A	A	A	A	A		
Vision of Hope	X	A	A	A	A	A	A	A	A	A	A		
We Do Recover	Ian F.	A	A	P	P	P	P	P	P	P	A		

CHAIRPERSONS REPORT – Laura M.

No Report

VICE CHAIRPERSONS REPORT – OPEN

SECRETARY REPORT – Jess 2.

No Report

RCM #1 – Debbi R.

Region met as usual the first Saturday, Oct 7th in person & also on zoom.

There are only 2 positions up for nominations for the Jan 2024 voting:

MOTION 1: To re elect Sandy M for another term as RD **MHA VOTED YES**

MOTION 2: To elect Phil S for Alt RD **MHA VOTED YES**

QUALIFICATIONS: Clean Date: 3/23/08

Current RCM for Seaway Trail Region to the ABCD Region for the past two years and was RCM for the Seaway Trails for 3 years before. Has been a member of H&I in Seaway Trails for three years. He has been chairperson for his group many times and has other service positions including GSR, and treasurer.

He has a sponsor who has a sponsor. They work the 12 Steps, 12 Traditions and 12 Concepts of NA. He has discussed this decision with his sponsor who supports him. He sponsors others. Never misappropriated NA funds and loves to travel. Is very enthusiastic to learn the RD position.

MOTION 3: TO TEMPORARILY SUSPEND POLICY TO MAKE THE RD AND RDA TERMS FOR THREE (3) YEARS. **MHA VOTES YES**

MOTION MAKER: Debbi R MHA RCM 2nd by David F Regional Treasurer

INTENT: At the World Service Conference (WSC), 2023 the WSC Cycle was temporarily made into a three (3) year cycle until 2029. Therefore, the current cycle will be from 2023 until 2026 when the next live WSC will take place. All world level trusted servant terms were temporarily extended. Our current policy reads: "RD and RDA shall be two (2) year terms to coincide with the World Service Conference Cycle." Therefore, the intent was to have the terms coincide with the WSC Cycle. This motion was made with the unanimous consensus of those in attendance at the October Regional Service meeting

Please remember to send all meeting changes and events to abcdwebservant@gmail.com so the Regional website stays updated and accurate.

NAWS UPDATES

The world Convention will be Aug 29- Sept 1st, 2024, in Washington DC

NAWS is putting together a "step kit" taking from the Basic Text, How & Why & questions from the flat book. It is open for the 120 day review & for more information please see the NA Survival kit 120-day notice posted on www.na.org/fipt

NAWS will be retiring their meeting finder capabilities & directing meeting inquiries to local sources. MHA is already on top of this with our own Web Page. Hooray for us! There will be a zonal meeting regarding this change on November 11th 2:30pm. Zoom ID 827 1145 8381, PW 1953. They especially hope that webservants & Helpline trusted servants will attend.

NEZF UPDATES

The next Zonal meeting is October 27-29th in CT. You can attend virtually. The zoom ID is 858 5086 2091 & the PW is NEZF.

I've attached the next NESSNA flyer. It will take place in Boston April 26-28th 2024.

Operating balance at the end of the meeting \$8,378.95 ABCD Region

ILS, Debbi your RCM

RCM #2 – OPEN

POLICY CHAIRPERSON REPORT – OPEN

H&I CHAIRPERSON REPORT- Peter K.

Committee doing well. In need of panel leaders for various facilities including getting cleared to go into correctional facilities.

HELPLINE CHAIRPERSON REPORT – Reine A

We had a Helpline Meeting on Oct 12 at 6pm on Zoom. CASSIE- Regional Helpline Chair, myself, Gary, DJ and Deb (our RCM) was present. So far we are still the only area beside Albany Rensselaer on it. Green Mountain is considering coming on board. Callers are Able to either have a list of meetings text to their phone for that particular day, or can speak with a live addict (volunteer)

I Asked Cassie About who the phone line provider is and it's a bit confusing. She explained that many years ago a few people from the Zone committee developed a software and loaded all our meetings on it which was also capable of sending out meetings to callers. At that time, up until now, Dennis was the correct person for that. There has not been a Regional Helpline Chair for 2 years up until Cassie stepped up. The goal is for each area to get involved and have people join the volunteer group.

Helpline # 315-847-3842

ID# 848-0620-5225

PW 000000

2nd Thursday of the Month at 6pm

In loving service

Reine A

E&A CHAIRPERSON REPORT –OPEN

LITERATURE CHAIRPERSON REPORT – Michele O.

Previous Month Sales: \$423.00

Previous Month End Inventory: \$4477.91

Area Purchase: \$351.02

Total NAWS Purchase: \$351.02

Starting Inventory: \$4828.93

LITERATURE VICE REPORT – Denise M.

No Report

MAIL ACCOUNTABILITY- Denise M.

No Report

MEETING LIST CHAIRPERSON REPORT – Christine S.

Good evening all,

I am submitting this report that there is a new meeting list available tonight for November through December 2023.

The cost was \$88.99 for 500 and I will ask for a reimbursement.

The next meeting list is for January through February 2024 and I will need all changes in writing by January 9th for accuracy and accountability.

In loving service,

Christine S

OUTREACH CHAIRPERSON REPORT – Kelly B.

No Report

PUBLIC RELATIONS CHAIRPERSON REPORT - OPEN

LITERATURE REVIEW CHAIRPERSON REPORT – OPEN

CONVENTION CHAIRPERSON REPORT – Steven J.

CONVENTION TREASURER REPORT Keith R.

Balance \$895.27

Hotel completely paid off, no outstanding bills

COFFEE MAKER REPORT – Anne D.

\$21.37

Cups, half and half, regular and sugar free cookies

TREASURER'S REPORT - Vince

Mid-Hudson Area of NA Treasurer's Report		Input	
		Oct '23	
Beginning Cash on Hand		3275	
Less Prudent Reserve		\$2,000	
Operating Funds		1275	
Add: Cash Received			
Literature	309 45		
Area Donations	288		
Basket	16		
Total Cash Received	613 95		
Less: Expense Reimbursements			
Coffee	21 37		
H&I			
Literature	351 02		
Meeting List - Printing	88 50		
RCM			
Website			
Total Cash Disbursed	461 71		
Funds Before Donations	151 94		
Less:			
Donation to Region	15 05	7 50	
Donation to Works	15 05	7 50	
Total Donations			
	141 51		
Ending Operating Funds			
Prudent Reserve	2000		
Total Cash on Hand	3415 57		

WEBMASTER REPORT- Brian G.

No Report

GSR REPORTS & OPEN SHARING FROM THE FLOOR

- Alive + Free- 6-8, going well. looking for speakers
- Based on Evidence II- all is well
- Come As You Are- Group doing well, a lot of newcomers, hard getting speakers
- God Shaped Hole- Kaylee celebrates 1yr Jan 13th, in works of planning annual group celebration
- Hope in Hudson- great turnout for Spookerjam, all is well
- Kingsman Recover- Need support, small intimate meeting
- Lifeline- Reine celebrates 36yrs on Wed 22nd
- Monday Night Miracles- Great Turnout at business meeting, all is well
- On A Woman's Journey- some weeks small, some weeks full, going well
- Peak of Serenity- doing well/ new group members, rotating format Aly and Kenny celebrate 3Yrs 11/28.
- Recovery In Progress- very excited to have people willing to keep coming back. Wednesday from 7-8pm. Looking for speakers. (425) 233-9616
- The Message Is Hope- Lavona stepping down as chair Thank you for your Service! Going to mix it up and do different readings.
- We Do Recover- Had record 20 people, doing well, great donation this month, looking for speakers

MOTIONS VOTED ON:

NONE

NEW MOTIONS:

NONE

NOMINATIONS & ELECTIONS:

Laura M. For Secretary

Jess J. For Chair

Michelle O. For Vice Chair

Royal for Greeter by Debbi

In need of

Vice Chair

RCM2

Policy Chair

Public Relations Chair

E&A Chair

Literature Review Chair

Nominees must be present for both Nominations & Elections.

Note: RCM #1 & RCM #2, Meeting List, Mail Accountability, Helpline, Outreach, Coffee Maker, Convention Treasurer and Literature Review Chair may hold a GSR position.

OLD BUSINESS

None

NEW BUSINESS

Ad Hoc Committee Report

The committee met twice since Area & we sent out an email to over 60 contacts/ GSRs regarding our possible visit to their meeting. To date, we have received 4 responses.

This is what this committee has decided:

We will not reach out to anyone again

We hope each GSR has brought our idea to their group for a group decision

We will only visit groups that the GSR has presented options & there was a group decision.

Do they want someone from the committee to visit the group?

If yes, What /when and how needs to be decided.

Some of the options:

Come and speak before the meeting starts

Stay & speak after the meeting ends

Speak during the meeting

Speak at the group business meeting

Start the meeting 30 minutes later (World Chair made this suggestion)

Also, other options include: The Ad Hoc Committee member can share from 15 minutes all the way to the whole meeting to be about Service. We do have a presentation we could go over or leave behind.

Our intention stems from our love & gratitude for NA: To inform about service as both a spiritual principle and as part of the business of NA (Area). The members of this committee see service as a vital part of our recovery just like working the steps, attending meetings & having a relationship with a HP of our understanding, NOT something we can give or take on a whim.

We will acknowledge that with great passion comes great responsibility. Responsibility to be aware that our tone doesn't come off as controlling or aggressive

We can see NA is changing & the number of people serving is decreasing worldwide. We are trying to do something different because we were taught that insanity is doing the same thing and expecting a different outcome.

MOTION TO CLOSE

*Next Area Scheduled for **Thursday November 30th@ 7PM** @ Saint James Church, Pearl & Fair Streets, Kingston, NY. NOTE: WE MEET THE **FOURTH THURSDAY** OF EVERY MONTH (NOT THE LAST THURSDAY!). THANK YOU!*

*****DUE TO THANKSGIVING, NEXT MONTH WE WILL MEET ON THE LAST THURSDAY*****

ADDENDUM: AREA SERVICE POSITIONS WITH REQUIREMENTS:

Trusted Servant Position	Commitment	Clean Time (suggested* unless otherwise noted)	Service Experience (suggested* unless otherwise noted)	Current	Election Status
Area Chairperson	1 year	5 years (req'd)	3 years (req'd)	Laura M.	2 nd Year 2023
Area Vice Chairperson	1 year	3 years (req'd)	2 years (req'd)	*****	Open
Area Treasurer	1 year	5 years (req'd)	3 years (req'd)	Vince (May23)	1 st Year 2023
Secretary	1 year	1 year	6 months	Jess 2	2 nd Year 2023
Regional Committee Member #1	2 years	2 years	1 year	Debbi R.	1 st Year 2023
Regional Committee Member #2	2 years	2 years	1 year	*****	Open
Policy Chair	1 year	4 years	2 years	*****	Open
Meeting List Chair	1 year	2 years	1 year	Christine S.	1 st Year 2023
Mail Accountability	1 year	6 months	3 months	Denise M.	1 st Year 2023
Coffee Maker	1 year	3 months		*****	Open
Hospitals & Institutions Chair	2 years	2 years	1 year	Peter K.	2 nd Year 2023
Public Relations Chair	2 years	2 years	1 year	Anne D.	1 st Year 2023
Helpline Chair	1 year	2 years	1 year	Reine A.	1 st Year 2023
Outreach Chair	1 year	2 years	1 year	Kelly B.	1 st Year 2023
Literature Supply Chair	1 year	2 years	1 year	Michele O.	2 nd Year 2023
Literature Supply Vice Chair	2 years	1 year	6 months	Denise M.	2 nd Year 2023
Events & Activities Chair	1 year	2 years	1 year	*****	Open
Literature Review Chair	1 year	1 year	6 months	*****	Open
Convention Committee Chair	2 years	5 years	2 years	Steven J.	2 nd Year 2023
Convention Treasurer	2 years	5 years	1 year	Keith R.	1 st Year 2023

Note: RCM #1 & RCM #2, Meeting List, Mail Accountability, Helpline, Outreach, Coffee Maker, Convention Treasurer and Literature Review Chair may also hold a GSR position.